

Suggested Email Language for General Borrowers

Federal student loan payment pause extended through Aug. 1, 2022.

The federal student loan payment pause has been extended through Aug. 31, 2022. This extension includes these COVID-19 relief measures for [eligible loans](#):

- the suspension of loan payments
- the 0% interest rate

Visit [StudentAid.gov/coronavirus](https://studentaid.gov/coronavirus) regularly for the latest information on the payment pause and other COVID-19 relief.

You Never Have to Pay for Help

There is no fee for the COVID-19 relief measures. If you have questions or need help with your student loans, [contact the Default Resolution Group](#) for free assistance.

Learn to [avoid student scams](#).